



Speculum Exam Validation and Evaluation Form

Name		License Number									
Skill Scale: 1 = Demonstrates Competence 2 = Needs More Practice											
Skill	Please indicate using the skill scale for each exam										
	1	2	3	4	5	6	7	8	9	10	
Introduce Self and Role											
Explain Procedure											
Confirm Consent for Exam											
Offer Patient to Empty Bladder (collect urine when appropriate)											
Wear Gloves											
Select Appropriate Sized Speculum and Moisten with H2O											
Maintains Patient Dignity – Drapes											
Inspects and Identifies: <ul style="list-style-type: none"> • Tanner Stages • Labia Majora • Labia Minora • General Appearance • Injury Assessment 											
Avoids Startling Patients; Explains and Instructs Patient to Relax and Touches Appropriately											
Retracts Labia Majora and Identifies: <ul style="list-style-type: none"> • Clitoris • Urethral Meatus • Anterior Vaginal Wall • Hymen • Fossa Navicularis • Posterior Forchette • Perineal Body 											
Inserts Speculum											
Rotates and Opens Speculum and Assures Proper Placement											
Visualizes Cervix and Describes Findings <ul style="list-style-type: none"> • Fornix • Anterior Cervix 											
Identifies Techniques for Collecting Culture Swabs											

Skill	Please indicate using the skill scale for each exam									
	1	2	3	4	5	6	7	8	9	10
Removes Speculum										
Removes Gloves & Washes Hands										
Document Observations										
Observe Clean Technique Throughout Procedure										
Note to Instructor: Each exam should be observed and evaluated individually. Please sign and date each of the exams that you personally observe.										
Evaluator Name		Title				Medical Facility				
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Comments:								Date:		
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