



### Speculum Exam Validation and Evaluation Form

Name	License Number									
<b>Skill Scale: 1 = Demonstrates Competence    2 = Needs More Practice</b>										
Skill	Please indicate using the skill scale for each exam									
	1	2	3	4	5	6	7	8	9	10
Introduce Self and Role										
Explain Procedure										
Confirm Consent for Exam										
Offer Patient to Empty Bladder (collect urine when appropriate)										
Wear Gloves										
Select Appropriate Sized Speculum and Moisten with H2O										
Maintains Patient Dignity – Drapes										
Inspects and Identifies: <ul style="list-style-type: none"> <li>● Tanner Stages</li> <li>● Labia Majora</li> <li>● Labia Minora</li> <li>● General Appearance</li> <li>● Injury Assessment</li> </ul>										
Avoids Startling Patients; Explains and Instructs Patient to Relax and Touches Appropriately										
Retracts Labia Majora and Identifies: <ul style="list-style-type: none"> <li>● Clitoris</li> <li>● Urethral Meatus</li> <li>● Anterior Vaginal Wall</li> <li>● Hymen</li> <li>● Fossa Navicularis</li> <li>● Posterior Forchette</li> <li>● Perineal Body</li> </ul>										
Inserts Speculum										
Rotates and Opens Speculum and Assures Proper Placement										
Visualizes Cervix and Describes Findings <ul style="list-style-type: none"> <li>● Fornix</li> <li>● Anterior Cervix</li> </ul>										
Identifies Techniques for Collecting Culture Swabs										

Skill	Please indicate using the skill scale for each exam									
	1	2	3	4	5	6	7	8	9	10
Removes Speculum										
Removes Gloves & Washes Hands										
Document Observations										
Observe Clean Technique Throughout Procedure										
<b>Note to Instructor:</b> Each exam should be observed and evaluated individually. Please sign and date each of the exams that you personally observe.										
Evaluator Name		Title				Medical Facility				
1.										
Comments:								Date:		
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Comments:								Date:		
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