



## Sexual Assault Medical Forensic Exam Competency Checklist and Critique

**Complete and submit 1 copy of this form for each required exam. Be sure to submit a de-identified chart on the Oregon Sexual Assault Medical Forensic Exam Form with each form for certification.**

Specify Exam	
<input type="checkbox"/> Observing <input type="checkbox"/> Being Observed <input type="checkbox"/> Independent	
Name	License Number
Skill Scale: 1 = Demonstrates Competence    2 = Needs More Practice	
Please rate each skill using the above scale:	
Patient was medically cleared before exam.	
Set up room, gathered supplies (SAFE Kit, forms, speculum, alternative light source, woods lamp, blankets, dryer, cup water).	
Introduced self to survivor, let her know an advocate had been called.	
Explained the exam process, time involved, ability to withdraw consent and control the process.	
Explained available options:	
A. Medical assessment with evidence collection: medical assessment plus collection of forensic evidence, assaulted within 84 hours, not necessary to report to law enforcement. Includes: sexual assault evidence kit, urine pregnancy, STI prophylaxis, emergency contraception < 72 hours post assault, referrals and follow up care.	
B. Partial Medical Assessment: medical assessment without forensic evidence collection. Can be done anytime post assault. Depending on time post assault can include urine pregnancy test, STI prophylaxis, emergency contraception, referrals and follow up care. May or may not include law enforcement.	
Explains evidence preservation as an option (reporting and non-reporting evidence collection).	
Shows respect for patient choices.	
Explains and obtains: <b>Exam Consent    Medical Release    SAVE Form    Mandatory Report</b> (must receive a 1 in this category for exam to count toward certification).	
Medical screening discussed.	
Offered advocate to be present.	
Obtained necessary /limited health history (protected survivor privacy in the process).	
Obtained history of assault.	
Verbalized the collection, packaging and processing of urine if applicable (potential for pregnancy, possible drug facilitated assault).	
Explains to survivor where and how to remove clothing and change into gown.	
Had survivor undress on sheet of white exam paper.	
Put single items in separate bags for labeling later.	
Completes head to toe physical exam and evidence collection per history (use SAFE Kit).	
Completes detailed ano-genital exam and evidence collection per history (use SAFE Kit).	
Used dryer when appropriate.	

Verbalize the need to take photos where indicated and the process (3-distances approach, storage, etc.)	
Properly process each element of the SAFE Kit during the exam (package, label, etc.)	
Offer prophylaxis STI and emergency contraception where indicated.	
Offer the survivor a shower and a change of clothes.	
Discharge with instructions (injury/wound care, meds given) including follow up care and referrals. Make sure survivor feels safe and/or knows she can work with the advocate to create a safety plan if necessary.	
Verbalized the process for securing each bag with label indicating survivor name, date/time collected and by whom.	
Verbalized the process for securing each bag into larger bag for LE identifying survivor on outside of larger bag.	
Describe the process of ensuring an unbroken chain of evidence.	
Actively participated in debrief with model/patient.	
Completed documentation (copy of SA Form, consents, photos, body grams).	
Verbalized the need to fill out Log book (kept in locked area) with date, account #, survivors name, time started exam and time finished exam along with your name.	
Disinfect dryer with bleach solution, thoroughly clean exam area.	

**Self Reflection and Critique:**

**Please use a separate sheet to complete each self-reflection and critique (attach to this document). Write as much or as little as needed for you to completely critique each exam. Please be clear and concise. Please include a short paragraph describing any bias, emotional reaction and thoughts about the SANE process.**

**1. Observing:** Please comment on and give specific examples of what you observed about the quality and elements of the Sexual Assault Evidentiary Exam you observed. Please comment on the flow of the exam, identify and comment on 3 parts that went well and 3 parts that could be improved.

**2. Being Observed:** Please comment on and give specific examples about the quality and elements of the Sexual Assault Evidentiary Exam you were observed performing. Receive critique of flow of exam, receive critique on 3 parts that went well and 3 parts where there is an opportunity to improve. Please comment on how you will use this feedback to improve.

**3. Independent:** Please comment on and give specific examples about the quality and elements of the Sexual Assault Evidentiary Exam you performed. Identify and list what made you uncomfortable and why. Describe your organization and flow of examination and rationale. List what went well and why. List opportunities for improvement and what items would improve your examination.

Signature of Trainee: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Preceptor: \_\_\_\_\_ Date: \_\_\_\_\_  
 (only required for the exam you are observed/precepted conducting)